



HOW TO CELEBRATE #STEP4SCHOOLS DAY

STEP4Schools Day provides a wonderful opportunity for students to learn, engage, and celebrate inclusivity.

The following activities can create a supportive environment where students develop new friendships, gain a deeper understanding of disabilities, and embrace the beauty of diversity.



DATE:

Thursday 4 September 2025



OBJECTIVE:

To encourage students to celebrate their differences, build empathy and break down any stigma around what it means to have a visible or non-visible disability. The day provides a wonderful opportunity for kids to get active in their community with family and friends, whilst supporting people with cerebral palsy to live their best lives.



ACTIVITIES & RESOURCES

We've got you covered with simple activities and complimentary resources to make your day as fun and easy as possible!

- **Mufti Day & Gold Coin Donation:**

Encourage students to wear STEPtember colours (blue/green) or their favourite outfit and bring in a gold coin donation. Donations can be collected in the 'Donation Box' resource provided, with funds going towards supporting children with disabilities with early intervention therapy or assistive technology.

- **Special Morning Assembly**

Kickstart your #STEP4Schools Day celebration with an assembly. Use the provided PowerPoint presentation and play a video of a STEPtember Trainer. This will give students a better understanding of what disability means and demonstrate where their collective mufti-day funds will be directed.



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- **Self-Portrait Activity:**

A fun class-room activity where students are asked to draw a picture of themselves and include elements of their life that they think make them unique. It could be their cultural background, their family members, their disability or their favourite hobby.

If suitable, ask students to collect natural materials for their artwork in the school grounds (leaves, flowers etc).

- **Communicate with your Community:**

Use the 'Email Template' provided to let parents and friends of the school know why you're participating in #STEP4Schools Day.

- **Games:**

Here are some more inclusive games suitable for primary school students:

- 1. Adapted Tag Games:**

Modify traditional tag games to make them more inclusive. For example, instead of regular tag, play "Blob Tag" where tagged players join hands with the tagger to form a larger "blob" until everyone is part of the blob. This variation ensures that no one is left out and encourages cooperation rather than exclusion.

- 2. Cooperative Ball Games:**

Instead of competitive ball games, focus on cooperative ball games where students work together to achieve a common goal. For example, play "Balloon Keep-Up" where students must keep a balloon in the air using only their hands or play "Group Juggle" where students pass a ball around in a predetermined sequence without dropping it. These games promote teamwork, communication, and shared success.

- 3. Storytelling Circle:**

Create a storytelling circle where students take turns contributing to a collaborative story. Provide prompts or themes to guide the storytelling process and encourage creativity. This activity fosters imagination, communication skills, and active listening, allowing all students to participate regardless of physical ability.

Thank you for your support and participation in making STEP4Schools Day a success!