

These fundraising tips and tricks will get you moving in the right direction to make incredible impact for people with cerebral palsy.

# HERE'S OUR TOP 9:



# SET UP A FACEBOOK FUNDRAISER

This connects your web fundraising page to your Facebook! It only takes a minute, and people who do, usually get their first donation that same day!



# **SELF-DONATE**

Get a head start on the competition and make a self-donation. Leading by example shows your commitment and inspires your supporters to donate.



#### **GET SOCIAL**

Share your fundraising page wherever your family, friends and colleagues are. Think Facebook, Instagram, Twitter, LinkedIn, Slack, Teams.



# **CREATE OR JOIN A TEAM**

This is a great way to get involved in STEPtember! It will supercharge your fundraising efforts, and add loads of fun and competition to keep you on track.



# LOG STEPS CONSISTENTLY

Log your steps each day and share your progress with your supporters. They'll feel connected with your journey and motivated to support you.



#### **SHARE AGAIN**

Make sure you regularly update your supporters. This can be via social media, text or email. Some people might just need a reminder to donate.



# **GET THE APP**

Track steps with Google Fit, Apple Health or through the in-app tracker, leaderboards, social feed & more!

Download: Android or iPhone.



# **SUGGEST AN AMOUNT**

Suggest a donation amount. E.g. \$62 can help fund an adaptive singing giraffe toy that teaches letters, numbers and songs.



#### **GET PERSONAL**

Set challenging personal fundraising and step goals, upload a profile photo, and add a description to share why you're STEPping up.



# PLENTY MORE ....



#### **TRIVIA NIGHT**

Host a trivia night (in person or virtually) and ask for a donation to your fundraising page to participate. Offer extra points for funny answers or costumes.



## **RUN CLUB**

Smash your step count by mapping out some scenic routes and ask for a donation to your fundraising page to join your running squad.



#### **DINNER PARTY**

Host a dinner party and invite guests to make a donation to your fundraising page. A friend or two might help you set-up and cook. Make it fancy and get dressed up!



#### **MOVIE NIGHT**

Roll out the red carpet for your friends with a movie night at your place. Charge a ticket fee to attend and set up a 'candy bar' with drinks and snacks to swap for donations.



# **GARAGE SALE**

Spring clean those wardrobes, and sell your pre-loved items at a garage sell or online. Add the sale cost to your fundraising page, and even invite buyers to make a donation.



#### **DOG WALKING**

Offer to take your neighbours', friends' or family members' dog for a walk in return for a donation to your fundraising page (bonus - you'll get your steps in!)



# **GROUP TRAINING SESSION**

Ask a friend or colleague to donate a lunch time fitness session (e.g. boot camp, yoga, meditation). Ask for a donation to your team or organisation page to participate.



# **BAKE SALE**

Offer delicious afternoon treats in your office in return for a donation. Partner up with a colleague and ask them to make something savoury while you do the sweet or vice versa.



#### **LUNCH WALKS**

Encourage your workmates to bring their trainers to work and join you for a group walk at lunch. Ask them to donate to your team or organisation fundraising page.



#### **LIVE AUCTION**

Run an auction for something rare, like a bonus leave day or a parking spot for a week. Host it at the office or via Facebook live to include interstate teams.



#### SCHOOL OVAL WALK

Get the whole school on board and get your STEPs in with a mass oval walk at lunch time. Get the whole school community involved to make an event of it.



#### **SELL PRE-LOVED CLOTHES**

Get your STEP team together, collect pre-loved clothes, and host a mini-garage sale in the office or online. Add the proceeds to your team's fundraising page, and ask your boss to match your donations.



# **MUFTI-DAYS OR CASUAL FRIDAY**

Free dress, or everyone wears sneakers to get their moves up! Make sure you charge a gold coin donation to go towards your fundraising.



#### **SAUSAGE SIZZLE**

Make everyone excited for lunch time! Set up a sizzle for a gold coin donation. What about during Saturday Sports to get the hungry families involved?

